



# OUR OFFER

(April 2026 – March 2027)

*Celebrating 25 years of helping families with disabled children in Calderdale!*

**Term Time Only Service**  
**Monday – Friday 09:30am -2:30pm**

T: 01422 343 090 | [hi@uniqueways.org.uk](mailto:hi@uniqueways.org.uk) | W: [www.uniqueways.org.uk](http://www.uniqueways.org.uk)

☒ Unique Ways, Hanson Lane Enterprise Centre, Hanson Lane, Halifax, HX1 5PG

☒ Company Number: 05098716 | Charity Number: 1109413

## Thank you

There are so many people and organisations that enable Unique Ways to continue to support Calderdale families with disabled children/children with additional needs.

We would particularly like to thank our funders and those who work in partnership with us to deliver better outcomes for Calderdale children and young people.

- **Calderdale Council**

We currently are contracted to deliver the provision of a Support Service for Parents Carers of children and young people with SEND. This funding contributes to Unique Ways being able to provide:-

- Family Voice Calderdale (Parent Carer Forum for Calderdale).
- Membership Support (currently 4,000 Parent Carer Members).
- An annual programme of Peer Support sessions.
- An annual programme of training courses and workshops.
- Specialist SEND Navigator Service.

- **West Yorkshire Integrated Care Board (ICB)**

The ICB currently fund our Specialist Sleep Support Service for SEND families. In year 2024 – 2025, the funding enabled us to help 250 Calderdale families with Specialist Sleep Support.

- **Contact (via Department for Education)**

- Annually, we apply and have been successful in securing a grant which contributes to Unique Ways hosting and supporting Family Voice Calderdale (The Parent Carer Forum for Calderdale).
- This work is two-fold:-
  - \* Ensuring the voice of Parent Carers in Calderdale is captured, heard and fed-back to appropriate bodies.
  - \* Ensure co-production is at the heart of all conversations, decisions and services relating to families who have children/young people with Specialist Educational Needs and Disabilities (SEND) in Calderdale.

- **Individual donors and supporters**

Whether it's taking on a challenge like 'The Great North Run' and raising sponsorship, having a collection tin, one off or regular donations of time and money, Unique Ways could not continue without this support. From £4.00 every month to £400 in sponsorship – it all counts. Your generosity inspires us every day.

- **Volunteers**

From our Board of Trustees, FVC Steering Group Members, Peer Support Hosts to helping out in the office. Every contribution helps Unique Ways to help our Parent Carers Members.

ALL forms of support mean the world to Unique Ways. Support takes kindness to the next level, it provides hope and opportunity, it creates positive change and most importantly of all, it helps us achieve better outcomes for Calderdale's children and young people. Thank you.



# Unique Ways - Our Service Offer

## Overview

Unique Ways is a local **Membership** charity which operates throughout the borough. The charity is based at Hanson Lane Enterprise Centre, Halifax. The charity has been established since 2001 (registered 2003).

## What we do

We offer support, guidance and a range of free services to our Parent Carer Members who have children/young people (aged 0 – 25) with Specialist Educational Needs (SEND), a disability or any additional need. We are a Membership Charity which means Parent Carers need to join us as a Member before they can access any support from us. Membership is free. Our service offer is free.

## Term Time Only Service

We provide a term time only service. Parent Carer support is available Monday to Friday from 9.30am to 2.30pm. The majority of the team members are Parent Carers themselves.

## Membership Criteria

The home address of the Parent Carer must be in Calderdale or, their child/young person's education setting must be Calderdale.

The child/young person does not need a formal diagnosis to be able to access any support from us.

## Our Service Offer to our Parent Carer Members

Our precise offer changes every year, we work in financial years and the best place to view our current service offer is our website [www.uniqueways.org.uk](http://www.uniqueways.org.uk) We provide:-

- Specialist one to one support:-
    - ☒ Education (SEND Navigator).
    - ☒ Family Hubs (Family Hubs Navigator).
    - ☒ Form Filling (Volunteer – limited availability).
    - ☒ Membership Support (Membership Practitioner).
    - ☒ Sleep Support (Sleep Practitioner).
  - Training Courses and Workshops.
  - Peer Support Sessions (coffee mornings, afternoon teas and coffee evenings).
  - Sensory aid/toy library/book library.
  - [Max Card](#) provider (family discount card).
  - Membership communications.
  - Targeted signposting.
  - Family Voice Calderdale (the Parent Carer Forum for Calderdale).
- 

## What we don't do

We don't directly support children or young people.

We don't undertake case-work.

We don't provide any other services or support other than our targeted offer.

We are not a drop-in centre – all services are by appointment only (except peer support sessions and collection of Max Cards).

If you are not a Member yet:-

You need to be a Member to access any of our free services, Membership is free.

To become a Member of our charity, please visit our website:-

<http://www.uniqueways.org.uk/become-a-member/>

- 1 Click 'Get Involved'
  - 2 Click 'Become a Member'
  - 3 Complete the on-line Membership Form, press submit.
- Once you receive a welcome email from us, you are a registered Member of Unique Ways. Congratulations.

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If you need to contact us:-

We are open:- Monday-Friday 09:30 – 2:30 during term time only.

T: 01422 343 090 | E: [hi@uniqueways.org.uk](mailto:hi@uniqueways.org.uk) | W: [www.uniqueways.org.uk](http://www.uniqueways.org.uk)

Unique Ways, Hanson Lane Enterprise Centre, Hanson Lane, Halifax HX1 5PG

Meet the Team:



  
**LIKE US  
LOVE US  
DON'T LOSE US**

# COURSES & WORKSHOPS TRAINING OFFER



## APRIL 2026 - MARCH 2027

### Here's what's coming up this year!

We are excited to announce our new offer, here are the training courses and workshops we have coming up. We hope they are well received.

#### 1 PREPARING FOR ADULTHOOD

6 WEEK COURSE Commencing: **Tues 14th April**

#### 2 UNDERSTANDING BEHAVIOUR THAT CHALLENGES

6 WEEK COURSE Commencing: **Wed 15th April**

#### 3 SLEEP SUPPORT (SCHOOL AGE-TEENS)

1 DAY COURSE Commencing: **Thur 16th April**

#### 4 SEND SUPPORT IN EDUCATION

4 WEEK COURSE Commencing: **Tue 2nd June**

#### 5 SETTING BOUNDARIES & RESTORATIVE PRACTICE

1 DAY COURSE Commencing: **Fri 12th June**

#### 6 SEND SUPPORT IN EDUCATION

1 DAY COURSE Commencing: **Sat 4th July**

#### 7 SLEEP SUPPORT (Early Years 2-5)

1 DAY COURSE Commencing: **Thurs 9th July**

#### 8 UNDERSTANDING NEURODIVERGENCE

7 WEEK COURSE Commencing: **Wed 9th Sept**

#### 9 TEEN LIFE (Young people with autism)

6 WEEK COURSE Commencing: **Thur 10th Sept**

BOOK ONLINE: BOOKING SYSTEM WILL OPEN 8 WEEKS PRIOR TO START DATE

# COURSES & WORKSHOPS TRAINING OFFER

## APRIL 2026 - MARCH 2027



### Here's what's coming up this year!

We are excited to announce our new offer, here are the training courses and workshops we have coming up. We hope they are well received.

#### 10 COPING WITH ANXIETY

6 WEEK COURSE Commencing: **Tues 10th Sept**

#### 11 SEND SUPPORT IN EDUCATION

4 WEEK COURSE Commencing: **Tues 3rd Nov**

#### 12 SLEEP SUPPORT (SCHOOL AGE-TEENS)

1 DAY COURSE Commencing: **Thurs 26th Nov**

#### 13 PREPARING FOR ADULTHOOD

6 WEEK COURSE Commencing: **Tues 5th Jan**

#### 14 UNDERSTANDING BEHAVIOUR THAT CHALLENGES

6 WEEK COURSE Commencing: **Wed 6th Jan**

#### 15 EARLY BIRD PLUS (Young people with autism)

6 WEEK COURSE Commencing: **Thurs 7th Jan**

#### 16 SLEEP SUPPORT (Early Years 2-5)

1 DAY COURSE Commencing: **Thurs 4th Feb**

#### 17 HAPPY, HEALTHY SAFE

5 WEEK COURSE Commencing: **Wed 24th Feb**

BOOK ONLINE: BOOKING SYSTEM WILL OPEN 8 WEEKS PRIOR TO START DATE

## Training Courses and Workshops

April 2026 – March 2027

### BOOKING TERMS & CONDITIONS:

#### To secure a place:

- To secure a place, you will be required to pay an £8.00 refundable deposit for all our training courses when booking, and a £2.00 refundable deposit for all our workshops.
- Upon completion of the course, this will be refunded to you in full upon request.
- As it costs over £250,000 to run Unique Ways every year, and keep our offer free to our Members, we politely request that if you can do so, please donate the £8.00 to Unique Ways. Thank you.

#### Non-attendance:

- If for any reason you are unable to attend, and you don't advise us in advance, we reserve the right to remove your access to any of our future courses.
- A certificate for each course will only be presented to Members that attend all sessions.
- Only by attending all sessions will Members benefit from the course contents.
- Handouts will not be available to Members that don't attend all sessions.

#### General:

- Any retained fees will contribute to the costs of running the charity.
  - All our Training Courses need a minimum of 12 Parent Carers to go ahead.
  - Please do not book onto one of our longer 6/7 wk. courses if you have recently attended the same course. Please leave at least one clear year between courses (to be fair to Members on the waiting list).
  - When booking on a Unique Ways training course, you will need to disclose any Professional Interests.
  - Booking links open 8 weeks prior to start date.
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#### Understanding:

- Unfortunately, we have experienced a high volume of Parent Carers signing up for our courses and then not attending.
- We understand that there will be genuine reasons why Parent Carers cannot attend a course, (or all sessions of a course) however, we ask that you please advise us in advance as a courtesy to other Parent Carers who are on the waiting list, otherwise, you are preventing other Parent Carers getting on the course.
- Thank you for your understanding and support.

# COURSES & WORKSHOPS



## PREPARING FOR ADULTHOOD

**6 WEEK COURSE!** Refreshments and biscuits provided!

“There was something interesting and useful that we took away from every session, from housing and next steps to health stuff and knowing that they get to have a say in their care and future is really reassuring.”

### WHO

This course is for parents and carers of young people who have an EHCP and aged 13-25 years.

### WHAT

The course offers information about the practical changes ahead including the Mental Capacity Act and decision making, the Care Act and support options after school. The course also gives parents and carers the chance to think about the years ahead and begin a person centred plan for themselves and their child. You will explore ideas to help your child approach adulthood. The course is delivered by a parent who has worked as an advocate for many years. Practitioners will be invited to share their knowledge as well.

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane  
Halifax, HX1 5PG

### WHEN

Tuesday Evenings 6:00pm until 9:00pm  
Starting Tuesday 14th April 2026  
for 6 weeks: 14th, 21st, 28th April  
5th, 12th, 19th May 2026

### WHY

Because Parent Carers need to feel informed and empowered about their young persons transition into adulthood.

BOOK ONLINE: <https://Prep14042026.eventbrite.co.uk>

# COURSES & WORKSHOPS



## UNDERSTANDING BEHAVIOUR THAT CHALLENGES

**6 WEEK COURSE!** Refreshments and biscuits provided!

"I enjoyed all the 'Understanding behaviour that challenges' course but especially the section on the various ways to cope with challenging behaviour. I now have the tools to deal with the behaviour."

### WHO

A course for dads, mums and anyone who cares for a child or young person with challenging behaviour.

### WHAT

This course offers a mixture of practical skills for things like dealing with professionals or responding to behaviour. It will help you to understand different or challenging behaviours, and what can trigger children acting out. Then explore ways of positively dealing with challenging behaviours. It will be run by a parent who knows what it's like.

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Wednesdays 10am until 1pm  
Starting Wednesday 15th April 2026  
for 6 consecutive weeks: 15th, 22nd, 29th April  
6th, 13th, 20th May 2026

### WHY

Because Parent Carers getting together to better understand challenging behaviour can make life easier for you and your family.

**BOOK ONLINE:** <https://Behav15042026.eventbrite.co.uk>

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE- 18/2/26

# COURSES & WORKSHOPS



## SLEEP SUPPORT - CHILDREN WITH SEND Early Years (2-5)

**1 DAY SESSION** Refreshments and biscuits provided!

*"The Unique Ways Sleep Workshop was really helpful; it gave me practical tips to try but also where to get additional support from too."*

### WHO

A course for parents, carers, grandparents who would like to know more about how to support Early Years children (2-5 years) with their sleep.

### WHAT

This interactive, informal workshop will:

- Look at some of the reasons children with SEND may have sleep issues.
- Explore what a good sleep routine looks like.
- Look at practical ways to support a child with SEND to develop a good sleep routine.
- Have time for questions and answers!

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Thursday 9th July 2026 9:30am - 11:30am

### WHY

Sleep is vital to our mental, emotional and physical wellbeing.

**BOOK ONLINE:** <https://Sleep09072026.eventbrite.co.uk>

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE - 07/05/2026

# COURSES & WORKSHOPS SEND SUPPORT IN EDUCATION



**4 WEEK COURSE!** Refreshments and biscuits provided!

"I just wanted to say thank you for running the course 'SEND support in Education'. I have just heard that my parental request for an EHCP has been approved."

## WHO

A course to help empower Parent Carers to secure the education their child is legally entitled to.

The course will be delivered by a Parent Carer who is also trained specifically in SEND.

## WHAT

This course will increase Parent Carers knowledge and understanding of the SEN Legal Framework. The course will cover:-

- Reasonable adjustments in school.
- What is an Individual Education Plan (IEP)?
- What is an Education Health and Care Plan (EHCP)?
- How do I get an EHCP ?
- What if they say no ?

## WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

## WHEN

Tuesdays 10am until 1pm

Starting Tuesday 2nd June 2026  
for 4 consecutive weeks: 2nd, 9th, 16th, 23rd June

## WHY

Because we know that the world of SEN support in schools is confusing and can be very different from area to area and school to school. Parent Carers need to feel empowered to have what they might think are difficult conversations relating to what education their child is legally entitled to.

**BOOK ONLINE:** <https://Send02062026.eventbrite.co.uk>

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE - 07/04/2026

# COURSES & WORKSHOPS



## SETTING BOUNDARIES & RESTORATIVE PRACTICE

**1 DAY SESSION** Refreshments and biscuits provided!

We are excited to bring you this new training offer coinciding with Carers Week 2026.  
We hope that it's well received by Parent Carers.

### WHO

A course for parents and carers who would like to learn how to build a stronger relationship with their child or young person.

### WHAT

This workshop will provide an overview of setting boundaries and restorative practice, and will cover the following:

- Using PACE to your advantage as a parent or carer (Playfulness, Acceptance, Curiosity and Empathy).
- Managing shame with our children, and for ourselves as parents and carers.
- Setting meaningful and realistic boundaries with our children.
- Using relationship repair to build strength in relationships.

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Friday 12th June 2026  
09:30am - 12:00 noon

### WHY

Because setting boundaries and restorative practice will help to build a stronger relationship between parents and carers and their child/ young person.

**BOOK ONLINE:** <https://setting12062026.eventbrite.co.uk>

# COURSES & WORKSHOPS SEND SUPPORT IN EDUCATION



**1 DAY SESSION** Refreshments and biscuits provided!

**“I just wanted to say thank you for running the course ‘SEND support in Education’. I have just heard that my parental request for an EHCP has been approved.”**

## WHO

A course to help empower Parent Carers to secure the education their child is legally entitled to.

The course will be delivered by a Parent Carer who is also trained specifically in SEND.

## WHAT

This condensed version of the 4 week course will increase Parent Carers knowledge and understanding of the SEN Legal Framework. The workshop will cover:-

- Reasonable adjustments in school.
- What is an Individual Education Plan (IEP)?
- What is an Education Health and Care Plan (EHCP)?
- How do I get an EHCP?
- What if they say no?

## WHERE

Hebden Bridge Town Hall  
Hebden Bridge  
HX7 7BY

## WHEN

Saturday 4th July 2026  
10:00am - 4:00pm

## WHY

Because we know that the world of SEN support in schools is confusing and can be very different from area to area and school to school. Parent Carers need to feel empowered to have what they might think are difficult conversations relating to what education their child is legally entitled to.

**BOOK ONLINE: <https://Send04072026.eventbrite.co.uk>**

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE - 09/05/2026

# COURSES & WORKSHOPS



## SLEEP SUPPORT - CHILDREN WITH SEND Early Years (2-5)

**1 DAY SESSION** Refreshments and biscuits provided!

*"The Unique Ways Sleep Workshop was really helpful; it gave me practical tips to try but also where to get additional support from too."*

### WHO

A course for parents, carers, grandparents who would like to know more about how to support Early Years children (2-5 years) with their sleep.

### WHAT

This interactive, informal workshop will:

- Look at some of the reasons children with SEND may have sleep issues.
- Explore what a good sleep routine looks like.
- Look at practical ways to support a child with SEND to develop a good sleep routine.
- Have time for questions and answers!

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Thursday 9th July 2026 9:30am - 11:30am

### WHY

Sleep is vital to our mental, emotional and physical wellbeing.

**BOOK ONLINE:** <https://Sleep09072026.eventbrite.co.uk>

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE - 07/05/2026

# COURSES & WORKSHOPS



## UNDERSTANDING NEURODIVERGENCE

*the Insiders Guide to... understanding neurodivergence*

**7 WEEK COURSE!** Refreshments and biscuits provided!

**“ I definitely feel more empowered and have a greater understanding of the issues around neurodivergence. ”**

### WHO

A course for dads, mums and anyone who cares for a child or young person with social, communication and interaction needs.

### WHAT

Specifically for parent carers with children or young people who are diagnosed as neurodivergent or, on the Neurodevelopmental Pathway (waiting list). This course will help you LEARN how to manage stress and build resilience, find ways to support and help your child at home and at school and share your stories and feelings with others who understand.

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Wednesdays 10am until 1pm  
Starting Wednesday 9th September 2026  
for 7 consecutive weeks: 9th, 16th, 23rd, 30th September  
7th, 14th, 21st October 2026

### WHY

Because Parent Carers getting together to better understand the journey on the neurodevelopmental pathway can make life easier for you and your family.

**BOOK ONLINE:** <https://Under09092026.eventbrite.co.uk>

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE- 15/07/2026

# COURSES & WORKSHOPS

# TEEN LIFE



**6 WEEK COURSE!** Refreshments and biscuits provided!

We are excited to bring you this new training offer working in partnership with the Autism Team within the Specialist Inclusion Team, Calderdale MBC. We hope it is well received by Parent Carers.

## WHO

A course for dads, mums and anyone who cares for a child or young person with autism aged 10 to 16 years.

## WHAT

The Teen Life programme aims to bring parents and carers together to share information, experiences and ideas in a structured way. Teen Life emphasises the importance of autistic perspectives. The sessions focus on understanding autism and autistic identity, stress and anxiety, understanding behaviour, health and wellbeing, puberty, education and transition to adulthood.

## WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

## WHEN

Thursdays 10am until 12:30pm

Starting Thursday 10th September 2026  
for 6 consecutive weeks: 10th, 17th, 24th, 30th September  
8th, 15th October 2026

## WHY

Because Parent Carers getting together to better understand autism in relation to teen life can make things easier for the whole family.

**BOOK ONLINE:** <https://Teen10092026.eventbrite.co.uk>

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE- 16/07/2026

# COURSES & WORKSHOPS



## COPING WITH ANXIETY

**6 WEEK COURSE!** Refreshments and biscuits provided!

"This is the best course I have attended in a long time. Fantastic!"  
"I really loved this course, it felt warm, inclusive and really welcoming".

### WHO

A course for parents and carers who would like help to manage their own anxiety.

### WHAT

This 6 week course will offer practical tips and techniques to manage our anxiety. We will explore how we as individuals respond to anxiety, the warning signs we get, how to practice mindfulness, coping with self-critical thoughts, self talk, resilience and learning from our past experiences, how we relax, grounding techniques and gratitude.

### WHERE

Hebden Bridge Town Hall  
Hebden Bridge  
HX7 7BY

### WHEN

Thursdays 10am until 12noon  
Starting Thursday 10th September 2026  
for 6 consecutive weeks: 10th, 17th, 24th September  
1st, 8th, 15th October 2026

### WHY

Because Parent Carers getting together to learn strategies on how to help manage anxiety will have a positive impact on you and your family.

**BOOK ONLINE:** <https://Coping10092026.eventbrite.co.uk>

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE - 16/07/2026

# COURSES & WORKSHOPS SEND SUPPORT IN EDUCATION



**4 WEEK COURSE!** Refreshments and biscuits provided!

**“I just wanted to say thank you for running the course ‘SEND support in Education’. I have just heard that my parental request for an EHCP has been approved.”**

## WHO

A course to help empower Parent Carers to secure the education their child is legally entitled to.

The course will be delivered by a Parent Carer who is also trained specifically in SEND.

## WHAT

This course will increase Parent Carers knowledge and understanding of the SEN Legal Framework. The course will cover:-

- Reasonable adjustments in school.
- What is an Individual Education Plan (IEP)?
- What is an Education Health and Care Plan (EHCP)?
- How do I get an EHCP?
- What if they say no?

## WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

## WHEN

Tuesdays 10am until 1pm

Starting Tuesday 3rd November 2026

for 4 consecutive weeks: 3rd, 10th, 17th, 24th November 2026

## WHY

Because we know that the world of SEN support in schools is confusing and can be very different from area to area and school to school. Parent Carers need to feel empowered to have what they might think are difficult conversations relating to what education their child is legally entitled to.

**BOOK ONLINE: <https://Send03112026.eventbrite.co.uk>**

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE - 08/09/2026

# COURSES & WORKSHOPS



## SLEEP SUPPORT - CHILDREN WITH SEND Early Years (2-5)

**1 DAY SESSION** Refreshments and biscuits provided!

"The Unique Ways Sleep Workshop was really helpful; it gave me practical tips to try but also where to get additional support from too."

### WHO

A course for parents, carers, grandparents who would like to know more about how to support Early Years children (2-5 years) with their sleep.

### WHAT

This interactive, informal workshop will:

- Look at some of the reasons children with SEND may have sleep issues.
- Explore what a good sleep routine looks like.
- Look at practical ways to support a child with SEND to develop a good sleep routine.
- Have time for questions and answers!

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Thursday 4th February 2027 9:30am - 11:30am

### WHY

Sleep is vital to our mental, emotional and physical wellbeing.

**BOOK ONLINE:** <https://Sleep04022027.eventbrite.co.uk>

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE - 10/12/2026

# COURSES & WORKSHOPS



## PREPARING FOR ADULTHOOD

**6 WEEK COURSE!** Refreshments and biscuits provided!

"I felt quite alone, I felt there was no-one giving me the information I really needed in terms of how best to support my daughter moving into adulthood. The course really helped me, it highlighted a lot of things I hadn't thought of. The trainer was knowledgeable and clearly got it as she's a Parent Carer herself."

### WHO

This course is for parents and carers of young people who have an EHCP and aged 13-25 years.

### WHAT

The course offers information about the practical changes ahead including the Mental Capacity Act and decision making, the Care Act and support options after school. The course also gives parents and carers the chance to think about the years ahead and begin a person centred plan for themselves and their child. You will explore ideas to help your child approach adulthood. The course is delivered by a parent who has worked as an advocate for many years. Practitioners will be invited to share their knowledge as well.

### WHERE

UNIQUE WAYS  
HANSON LANE ENTERPRISE CENTRE, HANSON LANE,  
HALIFAX, HX1 5PG

### WHEN

Tuesdays 10am until 1pm  
Starting Tuesday 5th January 2027  
for 6 weeks: 5th, 12th, 19th, 26th January  
2nd, 9th February 2027

### WHY

Because Parent Carers need to feel informed and empowered about their young persons transition into adulthood.

BOOK ONLINE: <https://Prep05012027.eventbrite.co.uk>

# COURSES & WORKSHOPS



## UNDERSTANDING BEHAVIOUR THAT CHALLENGES

**6 WEEK COURSE!** Refreshments and biscuits provided!

"I enjoyed all the 'Understanding behaviour that challenges' course but especially the section on the various ways to cope with challenging behaviour. I now have the tools to deal with the behaviour."

### WHO

A course for dads, mums and anyone who cares for a child or young person with challenging behaviour.

### WHAT

This course offers a mixture of practical skills for things like dealing with professionals or responding to behaviour. It will help you to understand different or challenging behaviours, and what can trigger children acting out. Then explore ways of positively dealing with challenging behaviours. It will be run by a parent who knows what it's like.

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Wednesdays 10am until 1pm  
Starting Wednesday 6th January 2027  
for 6 consecutive weeks: 6th, 13th, 20th, 27th January  
3rd, 10th, February 2027

### WHY

Because Parent Carers getting together to better understand challenging behaviour can make life easier for you and your family.

**BOOK ONLINE:** <https://Behav06012027.eventbrite.co.uk>

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE- 11/11/26

# COURSES & WORKSHOPS



## EARLY BIRD PLUS

**6 WEEK COURSE!** Refreshments and biscuits provided!

We are excited to bring you this new training offer working in partnership with the Autism Team within the Specialist Inclusion Team, Calderdale MBC. We hope it is well received by Parent Carers.

### WHO

A course for dads, mums and anyone who cares for a child with autism aged 5 to 10 years.

### WHAT

The Early Bird Plus programme focuses on empowering parents and carers to learn about autism and to explore ways that they can support their autistic child. The sessions focus on understanding autism, communication, understanding autistic experiences, supporting your daily living, health and wellbeing, and connections.

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Thursdays 10am until 12:30pm  
Starting Thursday 7th January 2027  
for 6 consecutive weeks: 7th, 14th, 21st, 28th January  
4th, 11th February 2027

### WHY

Because Parent Carers getting together to better understand autism in relation to early years can make things easier for the whole family.

**BOOK ONLINE:** <https://Teen07012027.eventbrite.co.uk>

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE- 12/11/2026

# COURSES & WORKSHOPS



## SLEEP SUPPORT - CHILDREN WITH SEND Early Years (2-5)

**1 DAY SESSION** Refreshments and biscuits provided!

*"The Unique Ways Sleep Workshop was really helpful; it gave me practical tips to try but also where to get additional support from too."*

### WHO

A course for parents, carers, grandparents who would like to know more about how to support Early Years children (2-5 years) with their sleep.

### WHAT

This interactive, informal workshop will:

- Look at some of the reasons children with SEND may have sleep issues.
- Explore what a good sleep routine looks like.
- Look at practical ways to support a child with SEND to develop a good sleep routine.
- Have time for questions and answers!

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Thursday 4th February 2027 9:30am - 11:30am

### WHY

Sleep is vital to our mental, emotional and physical wellbeing.

**BOOK ONLINE:** <https://Sleep04022027.eventbrite.co.uk>

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE - 10/12/2026

# COURSES & WORKSHOPS



## HAPPY HEALTHY SAFE

**5 WEEK COURSE!** Refreshments and biscuits provided!

"Very informative and really helpful. Essential for anyone on a life journey with a child".

"Enabling parents to have the strategies to support children."

### WHO

This course is for parents and carers of children aged 3+.

### WHAT

This is a course for parents and carers on how to talk to your child or young person about sex, relationships, changing bodies and puberty. Using picture books, videos, and discussion we explore answering 'nightmare questions', age-appropriate language, identifying opportunities to spark conversation and learning from our own experiences about what works and what doesn't. All participants receive course notes with resource recommendations.

### WHERE

Unique Ways  
Hanson Lane Enterprise Centre, Hanson Lane,  
Halifax, HX1 5PG

### WHEN

Thursdays 10am until 12noon  
Starting Thursday 24th February 2027  
for 5 consecutive weeks: 24th February  
3rd, 10th, 17th, 24th March

### WHY

Because staying happy, healthy and safe is so important for all children and young people.

**BOOK ONLINE:** <https://Happy24022027.eventbrite.co.uk>

COURSE BOOKING WILL OPEN 8 WEEKS PRIOR TO THE COURSE START DATE - 30/12/2026



## Specialist Education Support Service – (SEND Navigator)

- ☒ The SEND Navigator was a new role from September 2024 and is a time limited pilot project.
- ☒ This Specialist is available free to Members of Unique Ways on a part time/ term time basis.
- ☒ We are incredibly grateful to Calderdale Council for funding this role.

The SEND Navigator works throughout the borough supporting families with children/young people (aged 0 – 25) that have additional needs.

### What the SEND Navigator can help with: -

The SEND Navigator's role is to help families of children with Specialist Educational Needs and/or disabilities in Calderdale to: -

- ☒ Access good quality relevant information.
- ☒ Signpost to people/services who can help (both Unique Ways services and other providers).
- ☒ Support Parent Carers to prepare for meetings and appointments.
- ☒ Help Parent Carers understand the help they can get.
- ☒ Help Parent Carers build confidence in understanding and supporting their child's needs.
- ☒ Help with the Parent Carer section (Section A) of an assessment for an Education, Health, and Care Plan.
- ☒ Support Parent Carers to find a positive way to move forward.

### What the SEND Navigator cannot help with: -

The SEND Navigator is **not** an emergency/crisis support service and this role is designed to work alongside other services such as Calderdale Sendiass <https://www.calderdalesendiass.org.uk/> and Calderdale Council's children and young people's services. <https://new.calderdale.gov.uk/council/council-departments/children-and-young-peoples-services>

### The SEND Navigator is unable to: -

- ☒ Advocate or speak on behalf of the Parent Carer, their role is to support the Parent Carer in being heard.
- ☒ Attend school meetings with Parent Carers.
- ☒ Be involved if you have already moved to Tribunal stage.

### How to contact the SEND Navigator

If you are a current Member of Unique Ways, please ring/email (during term time only): -

Leah Webster, SEND-Navigator

T: 01422 343 090 | E: [SENDNavigator@uniqueways.org.uk](mailto:SENDNavigator@uniqueways.org.uk) | W: [www.uniqueways.org.uk](http://www.uniqueways.org.uk)

Working Pattern: Tuesday, Wednesday 9:30am – 3:30pm  
Thursday 9:30am – 2:30pm

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## Specialist SEND Family Hubs and Outreach Navigator

Unique Ways would like to thank Family Hubs Calderdale who fund this service.

- ☒ The Family Hubs Navigator was a new role from January 2025 and is on a time limited basis.
- ☒ This Service will direct Members of Unique Ways to the services and support available from the network of Calderdale Family hubs.

The Family Hubs Navigator works throughout the borough supporting families with children/young people (aged 0 – 25) that have additional needs to navigate the Calderdale network of Family Hubs.

### What the Family Hubs Navigator can help with: -

The Family Hubs Navigator's role is to help families of children with Specialist Educational Needs and/or disabilities in Calderdale to: -

- ☒ Access good quality relevant information about the Family Hubs.
- ☒ Signpost to people/services who can help (both Unique Ways services and Family Hubs).
- ☒ To keep Parent Carers up to date about the offer available in the Family Hubs.

### The Family Hubs Navigator is unable to: -

- ☒ Provide general advice and signposting to non-Members of Unique Ways.

### How to contact the Family Hubs Navigator

If you are a current Member of Unique Ways, ring/email (during term time only):-

**Emily Carpenter** | **Family Hubs Navigator**  
Working Pattern: Monday- Thursday 0930 – 2.30

T: 01422 343 090 | E:[emily.carpenter@uniqueways.org.uk](mailto:emily.carpenter@uniqueways.org.uk) | W: [www.uniqueways.org.uk](http://www.uniqueways.org.uk)

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## Specialist Form Filling Service (Volunteer) – (Form Filling Practitioner)

From April 2026 until further notice, this limited service will be provided by a Volunteer. Unique Ways are currently seeking funding to enable the charity to employ a Form Filling Practitioner and secure this service longer term.

### What the Form Filling Practitioner can help with: -

- Support Parent Carers of children/ young people aged 0-25 who have a disability to fill in a DLA or PIP form. The form which you need help with MUST relate to the child/ young person.
- We can only offer support to Members of Unique Ways.
- Provide support by pre-booked appointment only, usually with a face-to-face meeting at Unique Ways.
- Provide Support Mondays – Thursdays 10:00am – 2:00pm during term time only.
- Only offer set appointments in the date order that they are received.

### We recommend: -

- A change of circumstances will need a 1-hour appointment.
- A renewal will need a 2-hour appointment.
- A new Disability Living Allowance (DLA) or Personal Independence Payment (PIP) claim will need a 3-hour appointment.

### The Service is unable to:-

- Provide benefits advice.
- Assist Parent Carer to fill in a form for themselves, the form MUST relate to the child/ young person.
- Provide a drop-in service.
- Provide home visit appointments.
- Prioritise appointments according to any return date or deadline of your form.

### How to contact the Form Filling Practitioner

If you are a current Member of Unique Ways, please ring/email (during term time only): -

Vickie Holmes, **Form Filling Practitioner**

T: 01422 343 090 | E: [vickie.holmes@uniqueways.org.uk](mailto:vickie.holmes@uniqueways.org.uk) | W: [www.uniqueways.org.uk](http://www.uniqueways.org.uk)

Working Pattern: Monday - Thursday 9:30am – 2:30pm

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## Specialist Membership Support Service – (Membership Practitioner)

Unique Ways are very grateful to Calderdale Council who contribute towards the funding of this service.

- ☒ The Role of a Membership Practitioner is to be the first point of contact for existing Members of Unique Ways and for general enquirers.
- ☒ Provide Signposting to existing Members.
- ☒ To maintain the upkeep of records on the Unique Ways database.
- ☒ Support the Unique Ways Peer Support sessions (Coffee Mornings and Afternoon Teas).
- ☒ Prepare the training courses and workshop materials.

The Membership Practitioner is mostly office based at Hanson Lane supporting families with children/young people (aged 0 – 25) that have additional needs throughout Calderdale.

### What the Membership Practitioner can help with: -

The Membership Practitioner's role is to help families of children with SEND or any additional needs/or disabilities in Calderdale to: -

- ☒ Understand the Unique Ways Service Offer.
- ☒ Access good quality relevant information.
- ☒ Signpost to websites/services who can help, as it can be hard to navigate the services available.
- ☒ Meet other Parent Carers in similar situations by running the Peer Support Groups.
- ☒ Supporting our Parent Carer Members to develop their skills and build their resilience to access the services that they are entitled to.

### What the Membership Practitioner cannot help with: -

The Membership Practitioner is **not** an emergency/crisis support service and this role is designed to work alongside other services such as CAMHS [Northpoint Wellbeing | Mental Health Support in West Yorkshire](#); your GP and Kooth [Home - Kooth](#).

### The Membership Practitioner is unable to: -

- ☒ Provide general advice and signposting to non-Members of Unique Ways.

### How to contact the Membership Practitioner

If you are a current Member of Unique Ways, ring/email (during term time only): -

Siobhan Garforth, **Membership Practitioner**

T: 01422 343 090 | E: [siobhan.garforth@uniqueways.org.uk](mailto:siobhan.garforth@uniqueways.org.uk) | W: [www.uniqueways.org.uk](http://www.uniqueways.org.uk)

Working Pattern: Mon - Fri 9:30am – 2:30pm



## Specialist Sleep Service (Sleep Practitioner)

- ☒ This Specialist Service is available to Members of Unique Ways free of charge.
- ☒ Calderdale Integrated Care Board (ICB) fund this service (part time, all year round including some evenings and Saturday mornings). Unique Ways are very grateful for this funding from the ICB to enable the charity to provide this service .
- ☒ The Sleep Practitioner works throughout the borough supporting families with children/young people (aged 0 – 25) that have additional needs.

### What the Sleep Practitioner can help with: -

The Sleep Practitioner's role is to support families of children with Specialist Educational Needs and/or disabilities in Calderdale who are having difficulty with their children's sleep.

The Sleep Practitioner can provide strategies/ practical ideas to support children/ young people who may:

- ☒ Struggle to sleep independently.
- ☒ Wake too early or not go to sleep until late.
- ☒ Present with anxiety that affects sleep including sensory difficulties.
- ☒ Have nightmares or night terrors.
- ☒ Have an inconsistent bedtime routine.
- ☒ Support Parent Carers to find a positive way to move forward.

Support is offered through 1-1 consultations with Parents Carers via the phone, virtually via zoom or face to face in at the Unique Ways office.

### What the Sleep Practitioner cannot help with: -

The Sleep Service is **not** an emergency/crisis support service and this role is designed to work alongside other services such as Calderdale Council's children and young people's services. <https://new.calderdale.gov.uk/council/council-departments/children-and-young-peoples-services>

### The Sleep Practitioner is unable to: -

- ☒ Enter a family home to carry out a bedtime routine and or put a child/ young person to bed.
- ☒ Prescribe sleep medication i.e. melatonin.

### How to contact the Sleep Practitioner

If you are a current Member of Unique Ways, email -

Jill Greenwood, Sleep Practitioner

E: [Jill.Greenwood@uniqueways.org.uk](mailto:Jill.Greenwood@uniqueways.org.uk) | W: [www.uniqueways.org.uk](http://www.uniqueways.org.uk)

Working Pattern: Monday, Tuesday evenings  
Thursday & Friday daytime & Saturday am



## Peer Support

### April 2026 – March 2027

#### What is Peer Support?

Peer Support is when people use their own experience to help each other. There are different types of Peer Support, at Unique Ways Peer Support sessions, we:-

- ☒ Bring together Parent Carers with shared experiences to support each other.
- ☒ Provide a space where you feel accepted and understood.
- ☒ Treat everyone's experiences as being equally important.
- ☒ Give and receive support.

In Peer Support, everyone's views and experiences are equally valued. How much support you give and receive can vary depending on what feels right for you at different times.

There's no need to book in advance, you can just show up to any of our Peer Support sessions, as long as you are a Member of Unique Ways.

#### What you do at a Peer Support session:

You might want to focus on discussing a particular topic or specific difficulties you are experiencing, anything you feel like talking about really, it's up to you.

It's not always about getting or giving advice. It's also about having a safe space to get things off your chest and occasionally sharing a laugh about it all.

Peer Support is always led by a Parent Carer who understands what it's like, and we always have a hot drink and a biscuit on offer!

#### What Peer Support is on Offer:

- |   |   |
|---|---|
| ☒ Coffee Morning @ Halifax Central      | – 1 <sup>st</sup> Tuesday of every month.   |
| ☒ Coffee Morning @ Upper Valley         | – 2 <sup>nd</sup> Wednesday of every month. |
| ☒ Afternoon Tea @ Halifax Central       | – 3 <sup>rd</sup> Wednesday of every month. |
| ☒ Coffee Morning @ Elland Community Hub | – 4 <sup>th</sup> Tuesday of every month.   |
| ☒ Coffee Evening @ Halifax Central      | – 4 <sup>th</sup> Thursday of every month.  |

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# HALIFAX CENTRAL COFFEE MORNING

*1st Tuesday of every month (school holiday dependent)*



**TIME: 10:00 - 11:30**

**@ HANSON LANE ENTERPRISE CENTRE, HANSON LANE, HALIFAX HX1 5PG**

<b>APRIL 2026</b>	<b>SCHOOL HOLIDAYS</b>	
<b>MAY 2026</b>	<b>TUESDAY</b>	<b>5th</b>
<b>JUNE 2026</b>	<b>TUESDAY</b>	<b>2nd</b>
<b>JULY 2026</b>	<b>TUESDAY</b>	<b>7th</b>
<b>AUGUST 2026</b>	<b>SCHOOL HOLIDAYS</b>	
<b>SEPTEMBER 2026</b>	<b>TUESDAY</b>	<b>8th</b>
<b>OCTOBER 2026</b>	<b>TUESDAY</b>	<b>6th</b>
<b>NOVEMBER 2026</b>	<b>TUESDAY</b>	<b>3rd</b>
<b>DECEMBER 2026</b>	<b>TUESDAY</b>	<b>1st</b>
<b>JANUARY 2027</b>	<b>TUESDAY</b>	<b>5th</b>
<b>FEBRUARY 2027</b>	<b>TUESDAY</b>	<b>2nd</b>
<b>MARCH 2027</b>	<b>TUESDAY</b>	<b>2nd</b>

# UPPER VALLEY COFFEE MORNING

*2nd Wednesday of every month (school holiday dependent)*



**TIME: 10:00 - 11:30**

**@ HEBDEN BRIDGE TOWN HALL, HEBDEN BRIDGE, HX7 7BY**

<b>APRIL 2026</b>	<b>SCHOOL HOLIDAYS</b>	
<b>MAY 2026</b>	<b>WEDNESDAY</b>	<b>13th</b>
<b>JUNE 2026</b>	<b>WEDNESDAY</b>	<b>10th</b>
<b>JULY 2026</b>	<b>WEDNESDAY</b>	<b>8th</b>
<b>AUGUST 2026</b>	<b>SCHOOL HOLIDAYS</b>	
<b>SEPTEMBER 2026</b>	<b>WEDNESDAY</b>	<b>9th</b>
<b>OCTOBER 2026</b>	<b>WEDNESDAY</b>	<b>14th</b>
<b>NOVEMBER 2026</b>	<b>WEDNESDAY</b>	<b>11th</b>
<b>DECEMBER 2026</b>	<b>WEDNESDAY</b>	<b>9th</b>
<b>JANUARY 2027</b>	<b>WEDNESDAY</b>	<b>13th</b>
<b>FEBRUARY 2027</b>	<b>WEDNESDAY</b>	<b>10th</b>
<b>MARCH 2027</b>	<b>WEDNESDAY</b>	<b>10th</b>

# HALIFAX CENTRAL AFTERNOON TEA

*3rd Wednesday of every month (school holiday dependent)*



**TIME: 12:30 - 2:00**

**@ HANSON LANE ENTERPRISE CENTRE, HANSON LANE, HALIFAX HX1 5PG**

APRIL 2026	WEDNESDAY	15th
MAY 2026	WEDNESDAY	20th
JUNE 2026	WEDNESDAY	17th
JULY 2026	WEDNESDAY	15th
AUGUST 2026	<b>SCHOOL HOLIDAYS</b>	
SEPTEMBER 2026	WEDNESDAY	16th
OCTOBER 2026	WEDNESDAY	21st
NOVEMBER 2026	WEDNESDAY	18th
DECEMBER 2026	WEDNESDAY	16th
JANUARY 2027	WEDNESDAY	20th
FEBRUARY 2027	<b>SCHOOL HOLIDAYS</b>	
MARCH 2027	WEDNESDAY	17th

Unique Ways, working in partnership with Elland Community Hub are delighted to announce a new Coffee Morning for Parent Carers in Elland



# ELLAND COMMUNITY HUB COFFEE MORNING

*4th Tuesday of every month (school holiday dependent)*



**TIME: 10:00 - 11:30**

**@ Elland Community Hub, Huddersfield Road, HX5 9DL**

<b>APRIL 2026</b>	<b>TUESDAY</b>	<b>28th</b>
<b>MAY 2026</b>	<b>SCHOOL HOLIDAYS</b>	
<b>JUNE 2026</b>	<b>TUESDAY</b>	<b>23rd</b>
<b>JULY 2026</b>	<b>SCHOOL HOLIDAYS</b>	
<b>AUGUST 2026</b>	<b>SCHOOL HOLIDAYS</b>	
<b>SEPTEMBER 2026</b>	<b>TUESDAY</b>	<b>22nd</b>
<b>OCTOBER 2026</b>	<b>SCHOOL HOLIDAYS</b>	
<b>NOVEMBER 2026</b>	<b>TUESDAY</b>	<b>24th</b>
<b>DECEMBER 2026</b>	<b>SCHOOL HOLIDAYS</b>	
<b>JANUARY 2027</b>	<b>TUESDAY</b>	<b>26th</b>
<b>FEBRUARY 2027</b>	<b>TUESDAY</b>	<b>23rd</b>
<b>MARCH 2027</b>	<b>TUESDAY</b>	<b>23rd</b>

# HALIFAX CENTRAL COFFEE EVENING

*4th Thursday of every month (school holiday dependent)*



**TIME: 7:00 - 8:30 PM**

**@ HANSON LANE ENTERPRISE CENTRE, HANSON LANE, HALIFAX HX1 5PG**

APRIL 2026	THURSDAY	<b>23rd</b>
MAY 2026	SCHOOL HOLIDAYS	
JUNE 2026	THURSDAY	<b>25th</b>
JULY 2026	SCHOOL HOLIDAYS	
AUGUST 2026	SCHOOL HOLIDAYS	
SEPTEMBER 2026	THURSDAY	<b>24th</b>
OCTOBER 2026	THURSDAY	<b>22nd</b>
NOVEMBER 2026	THURSDAY	<b>26th</b>
DECEMBER 2026	SCHOOL HOLIDAYS	
JANUARY 2027	THURSDAY	<b>28th</b>
FEBRUARY 2027	THURSDAY	<b>25th</b>
MARCH 2027	SCHOOL HOLIDAYS	

## Please Support Us



Unique Ways provides all its services free, at the point of delivery.

The funding to pay for the services and the costs associated with running the charity need to come from somewhere. Unique Ways wants to continue to provide our services for free, however, this may not be possible for much longer? As a small local Calderdale charity, we need to raise £250,000 every year to be able to continue providing all our services free to our Members. To enable us to continue, we need your support. What can you do? Here are some ideas:

We now have over 4,000 Members, if half (2,000) gave a regular donation of £4.00 per month, this would equate to £8,000 per month, and £96,000 per year.

**Please select at least one way to help us to be able to help you and your family.**

### 1: REGULAR GIVING



This is the easiest way and most effective way to give. It is really a numbers game e.g. a large amount of people donates a small amount each month (see example above)  
If you wish to become a regular giver to Unique Ways.

**PLEASE EMAIL: [hi@uniqueways.org.uk](mailto:hi@uniqueways.org.uk) and request a Regular Giving Form.**

### 2: CHARITY OF THE YEAR ADOPTION (COTY)

Please ask your employer what their Charitable Giving Policy is. If they are based in Calderdale and employ Calderdale residents, do they support Calderdale charities? If they have chosen the same charity for many years, ask them, is it time for a change. Ask if you can be *the* designated Charity Co-Ordinator for the year and organise a series of fundraising initiatives throughout the year – we can help with ideas and support your efforts too.

**PLEASE LET US KNOW IF YOUR COMPANY IS SUPPORTING UNIQUE WAYS.**

**Email: [shona.walsh@uniqueways.org.uk](mailto:shona.walsh@uniqueways.org.uk)**



### 3: COLLECTION TIN HOST



Again, one of the simplest ways to raise money, all that is needed is a venue with a good footfall e.g. a shop, barber, hairdresser, pub, club etc.

**PLEASE EMAIL US TO REQUEST A COLLECTION TIN AND WE'LL PUT YOU ON OUR DATABASE. [Shona.walsh@uniqueways.org.uk](mailto:Shona.walsh@uniqueways.org.uk)**

These are just 3 ways of how you can support us, we have many more suggestions. Please see our website for more ideas. However, you decide to support us, THANK YOU. [www.uniqueways.org.uk](http://www.uniqueways.org.uk)

**Space left free for notes**



The following are a selection of quotes from Parent Carer Members in year 2025 – 2026:-

- *“Listening to other parents’ stories and knowing you are not alone. Great advice and techniques.”*
- *“I liked the one to one personal aspect regarding my own child’s sleep issues.”*
- *“Unique Ways is a friendly and helpful environment. I got a lot of useful advice and feel inspired to start the EHCP process.”*
- *“Just want to express my appreciation for your help earlier. You made it so calming and safe. I had trust in your experience and you’re a wonderful human.”*
- *“Thanks again for your help, you’ve honestly been so helpful and I already feel more listened to than I have by any other service. It’s really appreciated.”*
- *“Sometimes you go around in circles and then you contact Unique Ways. It’s so good to have a conversation with them, as it helps you to focus on what to do next.”*
- *“Thank you so much for lightening my load.”*
- *“Again I want to thank you all for your kindness and help, you’ve been an absolute pleasure to deal with during this period for me and family.”*



Unique Ways, Hanson Lane Enterprise Centre, Hanson Lane, Halifax HX1 5PG

T: 01422 343 090

| [hi@uniqueways.org.uk](mailto:hi@uniqueways.org.uk)

| [www.uniqueways.org.uk](http://www.uniqueways.org.uk)

Mon - Fri 9:30am - 2:30pm (Term time only)

Company Number: 05098716 | Charity Number: 1109413