

Cooking

Catering Enterprise - Bake and Sell

Make food to sell in the Coffee Bar, and learn enterprising skills.

£75.00 - Monday 10am-12pm



Boost Your Skills in Cooking

Become confident and independent in the kitchen, using the hob and the oven.

£195.00 - Tuesday 10am-12:30pm



Cooking for One

Gain skills to cook independently and progress from being a beginner.

£97.50 - Wednesday 10am-12:30pm



Transitional Cooking

Build on your skills and become confident in the kitchen cooking for yourself and others.

£195.00 - Thursday 10am-12:30pm



Calderdale Adult Learning

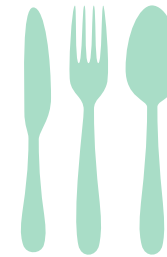
Courses for Adults with Learning Disabilities

Autumn Term
September-December

Art & Craft



Cooking



Digital



Wellbeing



**20% discount on
Autumn courses
when you enrol
and pay before
8th September**

2023-24

01422 392820 | cyps.cal@calderdale.gov.uk

Wellbeing

Healthy Lives, Healthy Minds

Fun, practical approaches and exercises to enrich your mind, body and wellbeing.

£75.00 - Tuesday 1pm-3pm



Life Skills

Learn the skills you need to make the most out of life and to live more independently.

£75.00 - Tuesday 1pm-3pm



Drama, Movement and Music

Improve your self confidence by role playing, taking part in talking stories and swinging your hips to music!

£75.00 - Thursday 1pm-3pm



Digital

Animation

Learn basic mouse and keyboard skills to get started on your digital journey.

£75.00 - Tuesday 10am-12pm



Arts and Crafts

Images of Calderdale

Develop your art skills, build confidence, and meet new friends.

£97.50 - Monday 10am-12pm



Hidden Treasures - Shelf Monster

Make a fantastical creature to sit on your shelf and hide all your secret treasures.

£97.50 - Wednesday 10am-12:30pm



Christmas Gifts

Make unique gifts to give your friends & family, handmade with love by YOU!

£97.50 - Wednesday 1:30pm-4pm



Harry Potter Festive Crafts

Get creative making festive sculptures and paintings inspired by Harry Potter.

£97.50 - Thursday 10am-12pm



Textiles - First Crafts

Develop your hand-eye coordination while learning how to knit, crochet, or use a sewing machine.

£97.50 - Friday 10am-12:30pm

