### JOURNEY TO ADULTHOOD

# Why we need to facilitate Independence and Capacity for decision-making in young people

#### YOUNG PERSON

#### PARENTS

ADULTDECISIONS YOU'LL BE ABLE TO MAKEYou can vote in elections . If you break the law you are treated as an adult criminal. You can now get married without parental permission you can buyFriend support	
are treated as an adult criminal. You can now get	
are treated as an adult criminal. You can now get	
18 years married without parental permission you can buy suppor	Ter
alcohol & cigarettes & have a credit card	
17 years You can drive a car. Yo <u>u're</u> in further education or	
are on an apprenticeship	
You are the main decision-maker for your Friend	1&
education/training. You can ask for a personal suppor	ter
16 years budget for your special education. You can drive a	
moped or quad bike. You can now give consent to sex	
with adults, leave home, buy a pet, buy fireworks &	
aive consent to medical treatment	
Below this age you cannot give consent to sex with	
same age peers but you can have a debit card. Co-deci	sion
make	r
11 years You have to move from a primary into a secondary	
school	
You are now considered to be responsible for your	
10 years actions in any criminal act. In family or educational	
decisions your views should have equal status	n &
Care	
Your views are listened to but the adults in your	
5 years life make all the decisions for you . You're now at	
school full time Mair	1
decisio	on-
3 years You'll probably go to a nursery or pre-school group maker	for
BIRTH your ch	nild

## STRATEGIES TO SUPPORT THE YOUNG PERSON ON THEIR JOURNEY

ADULT	PARENTS HAVE MADE THEIR OWN JOURNEY
ADOLI	From Carer/Controller to Friend/Supporter
18 years	<b>RESPECTED &amp; VALUED AS AN INDEPENDENT ADULT</b> with own views which may be different from families and not always "sensible"
17 years	
16 years	DEVELOPING CAPACITY Through Supported Decision-Making
,	GIVING INFORMED CONSENT
	To Medical Treatments
13 years	PLANNED INDEPENDENT EXPERIENCES
11 years	Planned professional risk taking
	PERSON CENTRED PLANNING
10 years	OUTCOME FOCUSSED
	THE VOICE OF THE CHILD
5 years	Support to express this and being listened to, heard & respected.
3 years BIRTH	PARENTAL ASPIRATIONS to begin outcomes planning
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